

Christ Church Freemantle

Sunday 7th June; Trinity Sunday

It was a vibrant May morning - a bright sun in a clear blue sky threw all the shadows into sharp relief. I strode purposefully to the Post Office with a homemade card, stamps having been purchased online, along with all our other needs. At least our granddaughter would know that we had thought of her, even if there would be no birthday visit this year.

In the dark shadows at the foot of the wall, sat a young man, hunched and expressionless, his knitted hat pulled well down over his ears. Who would be thinking of him? Would anyone remember *his* birthday? How did he value himself, that he should choose to sit in the darkness when he could have been in the sun?



It is a tribute to the members of our congregation that marginalised people *are* thought about. Donations for the Food Bank are ongoing and generous, the “Walk In” cupboard is kept topped up, and at least one person is a Street Pastor, but what else could we be doing?

Today’s Gospel reading is sometimes called “The Great Commission.”

“Go Forth and make all nations my disciples.”

What does this mean for us? Few of us are called to Ordination, Evangelism or Missionary work. Sarah Mullaley, the Bishop of London recently used these words during a Radio 4 service,

“We hold our world before You, longing for healing.

However helpless we may feel about righting the wrongs we see around us, can all pray. Sometimes it is all we can do. But what a privilege to be able to draw close to God in this way.! We can pray for our eyes and ears to be opened to the needs around us, for discernment about how to respond to those needs, and for the resources to take appropriate action. It may be proclaiming God’s word, it may be devotion to duty on Corvid 19’s front line,

it may be practical help to a neighbour or a friendly word or phone call to an isolated person.

However, our most important “commission” is purely and simply to pray for the needs of the world as we see them.

On Trinity Sunday, we think about the power of the “Three in One,” the three manifestations of God. We often finish our prayers with the words,

“in the name of the Father and of the Son, and of the Holy Spirit.”

How blessed we are to have three points of contact, and three ways to experience the love of God.

The Trinity, a difficult concept to explain, is best left to the theologians. A far simpler concept for me is expressed in the last line of the Gospel,

“Be assured, I am with you always to the end of time.”

What a comforting and peace-giving thought that is!

Thank you, Father, Son and Holy Spirit.

Mary Scott