

IN THE MORNING

Think of family, friends, neighbours, the church family,
and all those in need,

hand them over into God's care.

AT THE END OF THE DAY

Keep a quiet moment to thank God for anything which
has been good in your day – however small.

Say the Evening Collect below.

Know that others are doing what you are doing,

keeping the fellowship,

praying for you.

May the Lord bless each of us, keep us well, and close
to him through this dark time.

EVENING COLLECT

Lighten our darkness, we beseech thee, O Lord; and by
thy great mercy defend us from all perils and dangers
of this night; for the love of thy only Son, our Saviour,
Jesus Christ. Amen.

